



Medical Command

THE WEIGHT MANAGEMENT PROGRAM

★AFI 40-502, 7 November 1994, is supplemented as follows:

3. The person selected to be the unit weight program manager must be within Air Force body fat standards.

10.2. Recruiting group commanders have approval authority for personnel under their command.

11.4.3. (Added)(AETC) TDY commanders will allow a member reporting for an AETC operations training (previously *technical* training) course to enter training if the member is in Phase 1 (initial entry and body fat loss period), weight status code (WSC) 1 (satisfactory progress), WSC 3 (6-month observation period), Phase 2, WSC 4 (body fat standard adjustment), WSC 6 (initial entry), or WSC 7 (1-year probation period) of the Weight Management Program (WMP). Initial entry can be at either the member's home unit or TDY location. Initial entry into the WMP at the TDY location will only be when the TDY is 29 days or more and the member is medically qualified to attend the appropriate course. For TDYs less than 29 days, the member will be allowed to enter training if he or she is medically qualified to attend the appropriate course. Parent-unit commanders of members whose TDY is less than 29 days will accomplish WMP actions upon the return of the member concerned. By message, notify the losing or parent MAJCOM DP, the losing or parent-unit commander, HQ AETC/DPP, and 2AF/DOP of any member not in the WMP who exceeds the standards. Include the following information:

11.4.3.1. Name, grade, and Social Security number (SSN) of individual concerned.

11.4.3.2. Course number and name.

11.4.3.3. Course length.

11.4.3.4. Date of arrival.

11.4.3.5. Height.

11.4.3.6. Weight.

11.4.3.7. Maximum allowable body fat percentage.

11.4.3.8. Current body fat measurement.

11.4.3.9. Adjusted body fat standard, if applicable.

11.4.4. (Added)(AETC) Individuals reporting to Officer Training School who exceed their maximum allowable body fat or are enrolled in the WMP will be disenrolled and returned to their home station at the parents unit's expense.

11.4.5. (Added)(AETC) The survival school unit commander will follow the reporting procedures in paragraph 11.4.3 (Added)(AETC) for personnel attending survival school. In addition, the commander will add Chief of Flying Training (HQ AETC/DOF) as an additional message addressee.

11.4.6. (Added)(AETC) Overfat flying training students are governed by AETCI 36-2205, *Flying Training Student Administration and Management*

11.4.7. (Added)(AETC) Overfat basic military trainees are governed by 737 TRG Instruction 36-3, *Basic Military Training*.

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Director of Personnel

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OPR: HQ AETC/DPPAF (Mrs. J. Seibel)

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AUL/LSD - 1

